

Exeter

NHS Walk-in Centre
31 Sidwell Street, EX4 6NN

- Appointments: Monday – Friday & Saturday mornings

Exmouth

Exmouth Hospital
Dewdney Unit, Claremont Grove, EX8 2JN

- Appointments: Thursdays 4pm – 7pm & Fridays 1.30pm – 4.30pm

Okehampton

Okehampton Community Hospital
Cavell Way, Okehampton, EX20 1PN

- Appointments: Mondays 4pm – 7pm

Tiverton

Tiverton & District Hospital
Kennedy Way, Tiverton, EX16 6NT

- Appointments: Wednesdays 4pm – 7pm

Walk-in sessions available at all centres
– call for details

The Centre

We aim to provide a free and confidential service within a friendly non-judgemental environment, open to everyone.

- Referral by your GP is not necessary; you can refer yourself.
- All the records are confidential to this service. They will not be shared with anyone else unless there are exceptional circumstances.
- Treatments are free.

More information can be found at our website:
www.thecentresexualhealth.org

Follow us on twitter  @sexualhealthexe



the centre

Tel: 01392 284982 / 284983

Call for an appointment or details of
walk-in sessions

www.thecentresexualhealth.org

For appointments for all clinics, please phone
01392 284982 / 284983

Contraception Nurse Helpline: **01392 284931**

Northern Devon Healthcare NHS Trust
Raleigh Park, Barnstaple
Devon EX31 4JB
Tel. 01271 322577

www.northdevonhealth.nhs.uk

Other formats

If you need this information in another format such as audio tape or computer disc, Braille, large print, high contrast, British Sign Language or translated into another language, please telephone the PALS desk on 01271 314090.

Contraception Service

We offer:

- Information and advice on all methods of contraception
- Emergency contraception
- Pregnancy testing
- Advice and referral for unplanned pregnancy
- Information about fertility and sterilisation

GU Medicine Service

We offer:

- Information and advice on all aspects of sexual health and wellbeing
- Management of genital and urinary symptoms, including infection, pain and skin problems
- Screening and treatment for all sexually transmitted infections and related problems
- Help with preventing infections including:
 - hepatitis vaccinations for at risk groups
 - post exposure prophylaxis (PEPSE)

HIV Service

We offer:

- Advice on all aspects of HIV and other blood borne viruses
- Treatment and support for individuals with HIV

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or e-mail: ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple. Alternatively, it may be possible for us to arrange an appointment in your area.